
PATIENT HANDBOOK

TABLE OF CONTENTS

Page 1	Table of Contents
Page 2-3	Patients Rights
Page 4-8	Resident Admission Agreement Guidelines for Living
Page 9	Release and Hold Agreement
Page 10	Laundry Directions
Page 11	Universal Precautions
Page 12-13	Tobacco Free Policy and Procedures (Revised October 2014)
Page 14	Agreement: Tobacco Free
Page 15	Naloxone /NARCAN Training Notification
Page 16	Pack for your staff checklist

FAIRVIEW RECOVERY SERVICES, INC.

PATIENT RIGHTS

1. The right to an individually designed plan of services based on individual needs which the Patient has participated in developing and which includes goals that the Patient has agreed to work toward.
2. The right to considerate and respectful care.
3. The right to be free of personal involvement with any agency staff member.
4. The right to receive services from staff, which is competent, caring, and of sufficient number to provide services adequately.
5. The right to be treated in a way that recognizes and responds to his/her cultural identity and/or disability and/or sexual orientation and/or sex.
6. The right to know the name of his/her primary counselor responsible for his/her care, and the name of any other person providing care. Additionally, Fairview participates in a student internship program with several local colleges. These interns participate in individual/group treatment and care. I understand I have the right to refuse student intern participation in my treatment and interactions.
7. A staff member whose work performance is impaired shall treat no patient.
8. The right to obtain from his/her primary counselor current information concerning his/her diagnosis and treatment in terms that can reasonably be understood.
9. The right to know the agency rules that apply to patient conduct.
10. The right to receive services in a physical environment that is safe, sanitary, reflective of human dignity, conducive to effective treatment and that appropriately safeguards the privacy and confidentiality of patient-staff interactions.
11. No treatment requiring the order of a physician is rendered to a patient except a physician's prior written order based on a personal examination.
12. The right to confidentiality as required by Federal Law and Regulations (42 CFR Part 2). *
13. The right to be free from physical, verbal or mental abuse.
14. The right to receive information about provider services available on site or through referral, and how to access such services.
15. The right to receive prompt and reasonable response to requests for provider services, or a stated future time to receive such services in accordance with an individual treatment plan.
16. The right to receive in writing the reasons of a recommendation of discharge and information of appeal procedures.
17. The right to examine, obtain a receipt, and receive an explanation of provider bills, charges, and payments, regardless of payment source.
18. The right to receive a copy of the patient's records for a reasonable fee.
19. The right to be free from performing labor or personal services solely for provider or staff benefit, that are not consistent with treatment goals, and to receive compensation for any labor or employment service in accord with applicable state and federal law.
20. Participants referred to a faith-based provider have the right to be given a referral to a non, faith-based provider.
21. The following rights apply to patients who reside in an inpatient/residential setting:
 - i. To practice religion in a reasonable manner not inconsistent with treatment plans or goals and/or have access to spiritual counseling if available;
 - ii. To communicate with outside persons in accord with the individualized treatment plan;
 - iii. To freely communicate with the Office, public officials, clergy and attorneys;
 - iv. To receive visitors at reasonable times in relative privacy in accord with the individualized treatment plan;
 - v. To be free from restraint or seclusion;
 - vi. To have a reasonable degree of privacy in living quarters and a reasonable amount of safe personal storage space;
 - vii. To retain ownership of personal belongings, that are not contrary to treatment goals;

viii. To have balanced and nutritious diet.

22. right to object to conditions at the clinic and the right to a prompt, reasoned response from agency management. Each patient has the right to complain to the Executive Director, Patrick Haley, of Fairview Recovery Services, Inc. located at 5 Merrick Street, Binghamton, NY, 13904. Contact #: (607) 722-8987 ext.224. Complaints may also be made in writing to the Office of Alcoholism and Substance Abuse Services, 1450 Western Avenue, Albany, NY, 12203 or contact: (800) 553-5790.

23. All treatment at Fairview Recovery Services, Inc. is voluntary and can be ended at any time.

* Federal Law and Regulations protect the confidentiality of alcohol and drug abuse patient records maintained by this program. Generally, this program may not say to a person outside the program that a patient attends the program, or disclose any information identifying a patient as an alcohol or drug abuser UNLESS:

1. The patient consents in writing
2. The disclosure is allowed by a court order, or
3. The disclosure is made to medical personnel in a medical emergency or to qualified personnel for research, audit, or program evaluation.

Violation of the Federal Law and Regulations by a program is a crime. Suspected violations may be reported to appropriate authorities in accordance with Federal Regulations.

Federal Law and Regulations do not protect any information about a crime committed by a patient either at the program or against any person who works for the program or about any threat to commit such a crime.

Federal Laws and Regulations do not protect any information about suspected child abuse or neglect from being reported under State Law to appropriate State or Local Authorities.

(See 42 USC 290dd-3 and 42 USC 290ee-3 for Federal Laws and 42 CFR Part 2 for Federal Regulations.)

(Approved by the Office of Management and Budget under Control No. 0930-0099).

I have read and received a copy of my Patient rights. I have asked any and all questions, and at this time understand these rights.



FAIRVIEW REHABILITATION SERVICES

Patient Admission Agreement

GUIDELINES FOR LIVING

July 1, 2020

For the duration of stay as a Patient of Fairview Recovery Services, Inc. (FRS), I have read and hereby agree to abide by the following rules and regulations:

In addition, I understand FRS Residential Rehabilitation Program is an inpatient program and I am NOT permitted to leave the Residential Rehab property without being escorted by FRS staff. This includes leaving the property of approved appointments within the community.

1. Positively no alcohol, substance use or gambling. This means any use on the grounds of Fairview Recovery Services, Inc. (FRS, Inc.) *Any drinking, use of illegal substances, or use of prescription medication not prescribed specifically for that resident, or substance brought or found on property, may result in immediate discharge.*

NO playing cards unless approved by staff. No betting, gambling, pools on sporting events, etc. NO scratch off lottery ticket. NO Gambling of any kind. NO energy drinks permitted. NO products with ALCOHOL in them (example: mouthwash, nail polish remover, vanilla extract, perfume/cologne, etc.)

2. Absolutely no violence, threats of violence, or aggressive physical contact, including “rough-housing.” Such actions are not allowed by any Patient and are detrimental to personal recovery and others’ recovery. *These actions may result in immediate discharge.*

Additionally, this is a residential neighborhood and treating neighbors and their property respectfully is required.

3. No verbal abuse, threats, intimidating or “street” behavior INCLUDING VULGARITY (swearing, etc.). Such actions are detrimental to personal recovery and others’ recovery. *These actions result in an administrative review and may result in immediate discharge.*

4. Sexual behavior between Patients is not tolerated. While peer support is encouraged, this type of behavior is inappropriate and unacceptable. *These actions may result in immediate discharge of all persons involved.*

Patient remains in assigned Women’s or Men’s designated residence unless Patient previously scheduled to meet with staff. While parallel, the Rehabilitation Center offers two (2) separate programs for women and men. Crossing programs (men/women in opposing house or at the Mannion house) *may result in immediate discharge*

5. Racial slurs, sexual harassment, and/or abuse between Patients, or others is unacceptable. *These actions result in an administrative review and possible immediate discharge.*

6. Breathalyzer and/or urine testing is conducted randomly. Refusal of staffs’ request to take such test(s) is considered non-compliance, viewed as a positive screen, and *may result in immediate discharge.*

Patients who are asked to produce a urine must do so with 1-2 hrs, also must remain seating in the waiting area.

7. Behavioral Policies: Each Patient maintains the right and responsibility to confront another resident on their old behaviors. Each Patient, based on the severity of the behavior, are required to inform staff of said behaviors.

- Vulgarity is unacceptable and is considered “old behavior”. There is no tolerance for vulgarity, and consequences are administered to residents who continually use vulgar language.
- Stealing is unacceptable and is considered detrimental to one’s recovery. Theft of any items and/or property is prohibited and *may result in immediate discharge.*

8. Vandalism Policy: Vandalism of FRS, Inc. property is strictly prohibited and is not tolerated. This includes structural damage (walls, doors, etc.), graffiti, intentional destruction of FRS, Inc. items and/or materials as well as all appliances and furniture located within all FRS, Inc. facilities. Patients caught participating in such vandalism receive consequences *leading up to and including immediate discharge.*

12. Mail/Packages: All mail/packages will be returned to sender after a Patient has discharged from the program.

13. Personal belonging pick-ups following discharge, MUST be scheduled in advanced. Please call to schedule to pick-up personal belongings between the hours of 8am -4pm Monday -Friday

14. All Patients are out of bed; dressed; beds made; rooms orderly; and out of room by 8:30 daily. All lights, fans, TVs, and radios are turned off, garbage emptied, and windows shut, **prior** to leaving your room. Random room checks are done throughout the day inspecting cleanliness and occupancy. Returning to your room prior to 4:00 PM without staff permission is prohibited.

15. Patients are expected to respect assigned roommates. This includes light and noise volume, relative privacy, and refraining from touching/taking belongings.

16. Cross-room visiting is NOT allowed by any Patient for any reason. Also, no doors should be propped open, for general and fire safety and security reasons, Patients are expected to ***always*** keep rooms locked. If you wish to visit with a peer, please use the first-floor common areas or go outside.

17. Room Searches: FRS, Inc. reserves the right to conduct room searches as part of the protocol required to maintain safety within the center. When the Patient is not present, two (2) staff complete the room search. FRS, Inc. staff reserve the right to confiscate any prohibited items found. All confiscated items are reported to Patient.

18. Personal Cleanliness Policies: General personal hygiene is imperative. Neglect of such is handled as a recovery related issue. Please observe the following:

- Replace the roll of toilet paper when close to the end.
- Flush the toilet and put the **toilet seat down** after use.
- Rinse out the shower/tub after bathing and clear the drain.
- Rinse out the sink and wipe off the mirrors after shaving and brushing teeth.
- Limit grooming time to 15 minutes and turn off the lights when leaving the room.
- **Put shower curtain inside the shower** before use and close the curtain after to prevent mold.
- Patients are **not** allowed to cut another Patient's hair.
- **No** large sized quantities of hair coloring solutions, professional, or otherwise, are permitted.
 - Hair coloring products limited to (2) individual sized packaging only.
 - Products must **not** contain alcohol or other flammable agents.

19. Dress Code Policy

- Always wear shoes.
- Always keep torso covered – no bathing suits or halter-tops.
- No bathrobes or pajamas permitted downstairs before 10:30 PM or after 6:30 AM.
- Patients should **ALWAYS** be completely dressed including: In bedrooms, while in bed/sleeping; coming to and from bathroom **AND** shower. Patients should only get undressed **AND** dressed in Bathroom(s)
- **Staff reserves the right** to request that Patients change to more appropriate dress without dispute.
- **No** clothing with inappropriate language, sexual content, drugs, or alcohol references is allowed.

20. Dinner Protocol: All Patients are required at **dinner at 5:00 PM** every day. During the meditation before dinner, all Patients are to stand behind the chair they intend to sit in. Dinner is served until 5:30 PM. **No food or drinks in bedroom, living rooms, hallways, offices, or group rooms; dining area only.** Patients are permitted to have a glass of water in room.

21. Food Policies: Food hoarding, and/or taking over-sized portions is unacceptable. Food is available during the night time hours in the dining room refrigerator. Patients are responsible for their own dishes, food wrappers, crumbs, fluid spills, beverage containers and all debris as well as cleaning up any mess created. Personal food supplies are **NOT** to be brought into the facility.

Patients who violate the cell phone policy (including but not limited to having multiple phones, being caught with a “dummy phone” and/or using a cell phone on property) will receive consequences. These consequences could include: loss of up-coming visitation privilege, loss of incentive passes, *and continued noncompliance may lead up to unsuccessful discharge from the program.*

30. Phone Policy: Patient’s follow a 15-minute guideline, one call per hour. Patients are considerate and respectful of privacy. If Patients invoke the right to ask for privacy at the patient phone, then others are courteous and respectful of this need. Patients are directed to inform staff if other Patients are in non-compliance. **Staff will NOT answer the patient phone OR give out the patient phone numbers.**

NO CALLS BEFORE 8:00AM AND AFTER 10:00 PM.

31. Smoking Policy: Based on OASAS requirements, FRS, Inc. is a non-smoking, tobacco-free facility. Tobacco products of any type (including smokeless tobacco, chew, etc.) are not permitted anywhere on the grounds.

Additionally, **NO** ‘vaping’ is permitted on FRS, Inc. property. Any tobacco items and/or paraphernalia seen by staff on FRS, Inc. grounds is confiscated and destroyed. Violators of these rules receive consequences *including possible discharge.*

30. . **H \ V** Patients are provided with one key upon admission. If a Patient loses their key, within the duration of their stay at FRS Residential Rehabilitation Program, a \$5.00 fee for a new room key will be charged, through deducted from his/her PNA check.

55. Prescription Co-Pays< Patients are required to pay copays for their prescription medications to Fairview Recovery Services for the duration of their stay. The amount charged for each co-pay will be deducted from Patients PNA checks.

STAFF ARE MANDATED REPORTERS AND REPORT ANY ABUSE AND/OR NEGLECT AS REQUIRED BY LAW.

I am in receipt of a copy of the) **Patients’ Admission Agreement and Guidelines for Living** , **K D Y H D J U H H P H Q W D Q G J X L G H O L Q H V D Q G K D Y H J X L G H O L Q H V Z K L O H , D P D & O L H Q W 5 H V I**

, **K D Y H D O V R U H F L H Y H G D F R S \ R I W K H W K H R S S R U W X Q L W \ W R D V N T X H V W L R Q V D 6 H U Y L F H V , Q F**

* **V O E F S T U B O E U I B U B E E J U J P O T U P B J O U I J T I B O E C P P L N B Z C F N B E F C Z ‘ P D D V S T * B N P C M J H B U F E U P J O T F S U U V O E F S T U B O E U I B U * B N U P D P N Q M Z X .**

FAIRVIEW RECOVERY SERVICES, INC.

FAIRVIEW RESIDENTIAL
REHABILITATION SERVICES

Patrick Haley, LMSW
Executive Director
5 Merrick Street

ADDICTION STABILIZATION CENTER
247 Court Street

NEW OUTLOOK HOUSE RESIDENTIAL
REHABILITATION SERVICES
SUPPORTIVE LIVING
CAREER CHOICES UNLIMITED
HEALTH HOME CARE MANAGEMENT
VOICES RECOVERY CENTER
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FAX (607) 723-1858

RELEASE AND HOLD AGREEMENT

In consideration of the participation in and the enjoyment of voluntary recreation programs, or activities which would not otherwise be covered by Worker’s Compensation, use of property and equipment of Fairview Recovery Services, Inc. (hereinafter referred to as FRS, Inc.) facilities (hereinafter referred to as “participation, property and facilities”), I hereby waive, release and discharge any and all claims for damages for death, personal injury, or property damage which I may have, or which may subsequently accrue to me, against FRS, Inc. and/or any of their agents or employees (hereinafter “release”) as a result of any voluntary participation in, and enjoyment of, the property and facilities. This release is intended to discharge in advance FRS, Inc. and/or its agents, employees and assigns, from and against any and all liability arising out of or connected in any way with my participation in voluntary recreation, even though that liability might be based on or claimed to arise out of the negligence or carelessness on the part of FRS, Inc. or any of their agents or employees.

I further understand that serious accidents can occur during the use and participation in the recreation, and that participants in the recreation can sustain mortal or serious personal injuries, and *or* property damage as a consequence thereof. Knowing the risks of the recreation, I hereby agree to assume those risks and to release and hold harmless FRS Inc., its agents, employees and assigns, who through negligence or carelessness might otherwise be liable to me, my heirs and assigns for damages.

It is further understood that my participation in, and the enjoyment of the recreation programs, property and equipment of FRS Inc. and its agents, employees and assigns, is voluntary on my part and not in any way required.

It is further understood and agreed that this waiver and release and this agreement to assume all risks on my part is to be binding not only to me but my heirs, executors and assigns.

I have read the above instrument completely and have no questions regarding its meaning or import. I sign it fully and voluntarily; recognizing that it represents a relinquishment of any entitlement I might otherwise have to assert claims against the release.

Signature: _____

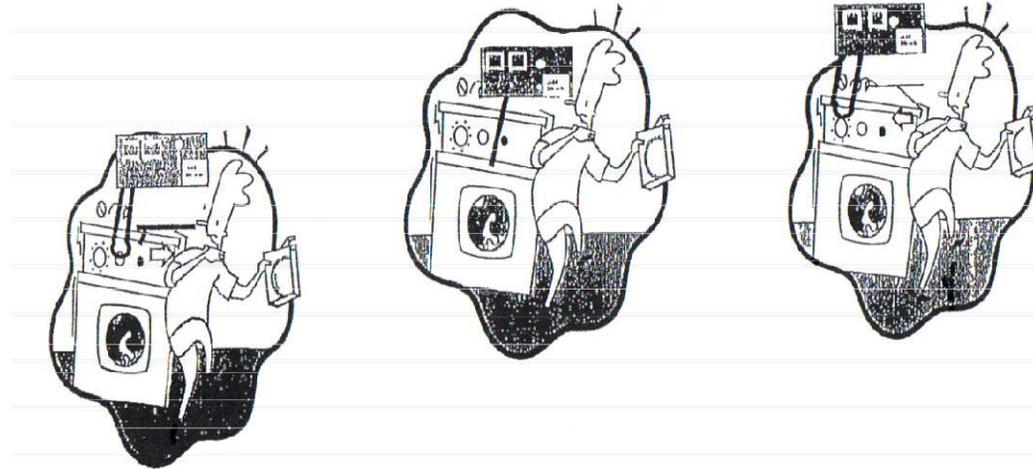
Witness: _____

Date: ____/____/____

How to use the Fairview Recovery Services Laundry Facilities

The first thing you need to do is turn on the water.

You do this by moving the lever on the wall from the left to the right.



-Separate out your clothes by color and type to create each individual load. You then place your clothes into the Washing Machine and close the lid.

-Set the water temperature and load size to the desired setting.

-The soap dispenser is above the Washers in the **blue** container.

-Unhook the soap detergent hose from the dispenser and place it into the Washer.

-Then press the Solid level which corresponds to the size of your load of wash.

-Do **not** push the soap dispenser more than **once**.

-When the soap has completely emptied into the Washing Machine and the hose is empty, reconnect the hose up to the attachment under the soap dispenser.

-Close the Washer and let the machine complete its cycle



Universal Precautions

FOR PREVENTION OF HIV AND HBV IN A HEALTH CARE SETTING

Universal Precautions apply to:

- Blood
- Semen
- Vaginal Secretions
- Cerebrospinal fluid (spinal cord)
- Synovial fluid (joint)
- Pleural fluid (lung)
- Pericardial fluid (heart)
- Peritoneal fluid (stomach)
- Amniotic fluid
- Breast milk

“Body fluids” for which Universal Precautions do not apply: (unless there is visible blood). Use gloves if possible but hand washing with soap and water is recommended:

- Urine
- Feces
- Tears
- Sweat
- Vomitus
- Sputum
- Nasal secretions
- Saliva – except in dentistry or when saliva contains blood.

Universal blood and body fluid precautions:

- Consider all Patients as potentially infectious
- Use appropriate barrier precautions routinely.

Reasons for precautions:

- Prevent spread of infection from Patient to Patient
- Protect Patient from infection carried by health care worker
- Protect health care worker from infection by Patient

Hands should be washed before and after assisting others in personal, sick or injury care.

Gloves should be worn if there is a likelihood of exposure to blood and certain body fluids. Hands should be washed before and after wearing gloves.

Cuts, scratches and other skin breaks should be covered and gloves are to be worn.

Mask and eye protection are needed if splashing is likely to occur.

Spills of blood or bodily fluid must be cleaned up promptly. Wear utility-type gloves for clean up.

Household bleach solution – freshly made – (1 part bleach to 9 parts water) is the best disinfectant for clean-ups. Leave solution on for 20 minutes.

For venipuncture – use only disposable vacutainers and multiple draw needles. Do not recap needles. Wear gloves for all venipunctures.

Discard entire vacutainer and needle assembly immediately into a puncture proof hazard container.

Universal precautions are used to prevent transmission of blood-borne infectious agents – particularly HIV and HBV (Hepatitis B).

Please use these precautions routinely. “Take no risk”.

Recopied from:
Montgomery County Health Department
Division of Communicable Disease and
Epidemiology
2000 Dennis Avenue
Silver Spring, Maryland 20902

TOBACCO USE POLICY AND PROCEDURES

Fairview Recovery Services, Inc.

Original Date: 05/16/08
Revised Date: 10/08/14

POLICY AND PROCEDURE

PROCEDURE FOR: Addressing tobacco use at Fairview Recovery Services, Inc. programs.

PURPOSE: To increase awareness of health dangers relating to use of tobacco.

Policy Statement:

Fairview Recovery Services programs provide crisis, residential and educational services for adults dealing with chemical dependency. Fairview is dedicated to providing quality services in a healthy, drug free environment.

In 1988 the U.S. Public Health Services, under Surgeon General C. Everett Koop, published the report, The Health Consequences of Smoking: Nicotine Addiction. In this report Dr. Koop states, "Smoking is the chief avoidable cause of death in our society." He indicates that nicotine is the substance in tobacco that causes addiction. Nicotine is a mood altering, psychoactive substance that is highly addictive. Since 1980, DSM (Diagnostic and Statistical Manual of Mental Disorders) has listed both nicotine withdrawal and nicotine dependence as diagnosable conditions.

Objectives:

1. To provide quality, comprehensive crisis, residential, and educational services to the Patients at Fairview Recovery Services.
2. To provide tobacco/ nicotine dependence recovery assistance/options to staff.
3. To provide tobacco/nicotine dependence recovery assistance within the care offered to the Patients of Fairview Recovery Services programs through assessment, education, prevention, and treatment.

1. Provide Tobacco/Nicotine Dependence Education and Recovery options for staff

- A. All employees will be offered information on the medical complications of tobacco use and nicotine dependence.
- B. All clinical staff will be offered training on how to identify nicotine dependence. This will include training on assessing, education, treatment planning, and on-going care for nicotine dependence.
- C. All employees will be offered the following:
 1. Pamphlets, brochures and other reading materials to assist and educate them on the effects of using tobacco/nicotine products.
 2. Over-the- counter nicotine replacement when not able to obtain through insurance.
 3. Counseling through EAP referral.
 4. New York State Tobacco Free Quit Line

D. If staff members do not follow the Tobacco Policy, disciplinary action will be handles following Fairview's disciplinary process. (i.e.: verbal warning, written warning...)

2. Provide tobacco/nicotine prevention, education and nicotine replacement treatment for Patients

A. During all intakes and reviews, the clinical staff will assess Patients for tobacco/nicotine dependence using the Fagerstrom Test for Nicotine Dependence and document their level of dependence.

B. All Patients, regardless of the tobacco history, will be offered an educational seminar on the effects of tobacco use.

C. During the admission process, all Patients will sign an agreement stating that they have been informed of the tobacco policy.

D. Clinical staff will assist the Patients in obtaining Nicotine Replacement Therapy upon request.

E. All Patients who are identified as needing tobacco cessation will have this area addressed in their service plan.



Fairview Recovery Services, Inc.

To support a tobacco free environment, I agree to the following:

- I will not use any type of tobacco products while on the Fairview Recovery Services premises. I understand this includes the supportive living apartments, parking lots, and vehicles.
- While I am residing in a residential neighborhood, it is expected that I will treat neighbors and their property with respect.
- As a tobacco user I understand treatment goals specific to nicotine dependence will be included in my treatment plan.
- I agree I will not bring tobacco products or paraphernalia including lighters, snuff, chewing tobacco, cigars, cigarettes, etc. to any Fairview Recovery Services site understanding that staff will confiscate and destroy them.
- In the event that I violate such policy I understand that my case will be reviewed with possible revisions to my treatment plan. I understand that if I am found to be smoking in any of Fairview Recovery Services facilities I may be discharged from that program immediately.
- In an effort to support peers who have also agreed to this initiative, I agree to take measures to remove the odor or evidence of smoking from my person before I enter any of Fairview Recovery Services facilities (i.e. washing hands).
- As a non-smoker as part of the Fairview Recovery Services admission process I have been informed of this policy.

FAIRVIEW RECOVERY SERVICES, INC.

Patrick Haley, LMSW
Executive Director

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VOICES RECOVERY CENTER
340 Prospect Street
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(607) 821- 7811

Naloxone / NARCAN TRAINING

Fairview Recovery Services Inc. is registered to operate an Opioid Overdose Provention Program. Fairview Recovery Services (FRS) will provide individual and small groups Naloxone/ NARCAN Training per requested.

Patients should see their assigned Counselor to set up a traiing with a FRS naloxone/ NARCAN trainer.

NARCAN Training is also offered at Southern Tier AIDS Program (STAP) on Mondays, Tuesdays, Thursdays and Fridays and offered at VOICES Recovery Center intermittently.

Signature: _____

Witness: _____

Date: ____ / ____ / ____

FAIRVIEW RESIDENTIAL REHABILITATION

WHAT TO PACK FOR YOUR STAY

For your convenience, please use this checklist as you prepare for your stay at our facility.

Please bring only items identified on the list below.

Upon Admission all Clients are provided the following, if they do not bring their own: ● Linens ● Towels

- Personal Hygiene

***** 3 BAG LIMIT PER PATIENT *****

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The amount of clothing is to not exceed **2** bags; all other items must fit into 3<sup>rd</sup> bag. Please have weather appropriate clothing and plan to switch out clothing as the seasons change. Bedding and toiletries are provided on admission. If a patient chooses to add new items within the duration of their stay to exceed listed amounts, items must be traded out first.

### **\*\*\*Maximum Number of Items Allowed Per Patient\*\*\***

**Clothing:** 8 Shirts/Blouses, 8 Pairs Jeans/Pants/Skirts in Combination, 10 pairs of Underwear/Socks/Bras, 7 Pajamas/Robe/Slippers, 2 Outer Set (coat/jacket, gloves, hat, boots), 3 Sneakers/flats/shower shoes

**Toiletries:** 1 set bedding, 2 Shampoo, 2 Deodorant, 2 Pillowcases, 2 Soaps (bar or bottle), 2 Pillows, 2 Toothbrushes, 2 Toothpastes, 1 Blanket, 1 Comforter, 1 Washcloth, 1 Towel, 1 Laundry detergent

**Other:** 3 Notebooks, 1 Planner, Stamps, envelopes, Pens/Gel Pens/Colored Pencils, Appropriate Books, Novels and Magazines, Family Photo (again, must fit within the 3-bag limit)

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Fairview Recovery Services provides basic cleaning supplies, furniture, basic hygiene products, snacks and meals

Residential Rehabilitation is a *temporary* living situation. Clients are NOT permitted to bring in: iPads/Tablets, Laptops, Gaming Systems, Perfume/Cologne, Aerosol Spray, Snacks/Drinks or Meals

Only the above items are permitted to be brought into the Rehabilitation Facility.